

CC: SOB

HPI: 68 yo man brought in by EMS. Pt reports that he has been progressively more short of breath over the last week prior to presentation. He woke up tonight and was more short of breath, had chest pressure so came in for evaluation. No fevers, chills, NVD, diaphoresis. (+) nighttime cough. Waking up more to go to the bathroom. Lives alone so often falls asleep in his LazyBoy in front of the TV - has been sleeping there for the last week.

Chest pressure he just noted tonight when he woke up. Non-radiating. 4/10. Still there.

PMH: HTN

Hasn't been to the doctor in over a year - his prior PMD retired.
Arthritis in left knee "old football injury"
Normal stress test 5 years ago

Meds: Pt didn't refill BP meds when they ran out because he was 'feeling fine' and never got around to finding a new doctor.

Has been taking Ibuprofen 800mg 3-4 times a day over the last 3 weeks because his 'bad knee' has been acting up

ALL: NKDA

FHx: HTN. No CAD < 55yoa.

SHx: Social drinker, Former smoker (50pk yrs - quit 10y ago). Retired farmer.

ROS: As per HPI. (+) swelling in legs, weight gain (10#), DOE.
(-) DVT/PE risk factors

Physical Exam (Sim findings in bold):

VS: Per **monitor 37 220/110 110 35 92%**

Gen: WDNW male in moderate distress - speaks in phrases.

HEENT: PERRL 3mm. No pallor. MMM. No thyromegaly

CV: **Tachycardia. +S3. +JVD**

Lungs: **Rales bilaterally to axilla.** Accessory muscle use.

Abd: Normoactive BS. Soft - mild RUQ tenderness to palpation.

Skin: **Dry no rashes or ecchymoses**

Extremities: **Pitting edema BLE. Strong symmetric pulses.**

Rectal: Normal tone, nontender, hemoccult neg.

Neuro: **Eyes open spontaneously.**

GCS 15. Strength, sensation equal and symmetric.

CBC

WBC	8.4
Hb	14.0
Hct	40.0
PLT	350

N	65
B	0
L	29
M	6
E	

CMP

Na	140
K	4.8
Cl	108
HCO ₃	25
BUN	34
Cr	2.0
Glc	112

Ca	8.4
T Protein	7.4
Alb	3.9
AST	124
ALT	139
ALK	120

Urine Toxicology

Alcohol	neg
Cocaine	neg
Barbituates	neg
Opiates	neg
Benzodiazepines	neg
PCP	neg
Amphetamines	neg

Acetaminophen	< 2
Salicylates	0

Urinalysis

WBC	1-2
RBC	0
Protein	trace
Glucose	neg
Ketones	neg
Nitrite	neg
Leuk Est	neg

CK: 195

CKMB: 1.8

Troponin: < 0.04

BNP: 1280