HELLO MY NAME IS
DISCLOSURE

Faculty: Dr Nadim Lalani

Relationships with commercial interests:

Grants/Research Support: $2000

Speakers Bureau/Honoraria: NONE

Consulting Fees: NONE

Other: Professional Coach | Partner Doctorevolution
OBJECTIVES

What is Coaching

Coaching in Medicine

12 Conv

GROW model
Conv No2
IMAGINE
WHAT IS COACHING
U OF C COACHING INTERVENTION

Self talk
Inner trolls
Values | beliefs
EQ
Brand | Mission | Purpose
INDICATIONS | CONTRAINDICATIONS
KEY SKILLS
ANATOMY OF COACHING
CONVERSATION

G
GOAL

R
REALITY

O
OPTIONS

W
WAY >>
Conv. No2
The Balance Wheel
ANATOMY OF COACHING CONVERSATION

GOAL
REALITY
OPTIONS
WAY >>
QUESTIONS?
SUMMARY

- What is Coaching
- Coaching in Medicine
- 12 Conv
- GROW model