



2019 Society for Academic Emergency Medicine Consensus Conference

Wellness for the Future: Cultural and Systems-based Challenges and Solutions

Tuesday, May 14, 2019

The Mirage, Las Vegas: Grand Ballroom G

Time	Session
8:00 am - 8:15 am	Introduction & Welcome - Megan Ranney, MD, SAEM Board of Directors
8:15 am - 8:45 am	Wellbeing and Resilience: "Where are We? and "How did We Get Here?" Saadia Akhtar, MD, <i>Mount Sinai Beth Israel</i> <i>Icahn School of Medicine at Mount Sinai</i>
8:45 am - 9:00 am	Introduction of Morning Topics - Michele Byers, CAE, CMP
9:00 am - 9:15 am	Break
9:15 am - 10:45 am	Morning Small Group Breakout Sessions: <ul style="list-style-type: none"> • "Society, Behavior, and Expectations Ride Along with Emergency Medicine - Dissecting System Change for Wellness" – Rosanna Sikora, MD • "Reframing Wellness: It's Not an Individual Issue Anymore....Exploring Organizational Factors" – Rita Manfredi, MD • "Is Going to Work Killing Us? A Focus on Learning and Practice Environments"– Carissa Tyo, MD
10:45 am - 11:00 am	Break
11:00 am - 11:30 am	Summary Reports from Morning Small Groups - Michele Byers, CAE, CMP
11:30 am - 11:45 am	Lunch Served
11:45 am - 12:30 pm	Lunch Panel Discussion "State of the Art Wellness" Andra Blomkalns, MD, <i>Stanford University School of Medicine</i> Bernard Chang, MD, PhD, <i>Columbia University Vagelos College of Physicians & Surgeons</i> Jay Kaplan, MD, <i>LCMC Health, LSU Health Sciences Center</i> Sorabh Khandelwal, MD, <i>The Ohio State University</i>
12:30 pm - 12:45 pm	Break
12:45 pm - 1:00 pm	Introduction of Afternoon Topics - Michele Byers, CAE, CMP
1:00 pm - 2:30 pm	Afternoon Small Group Breakout Sessions <ul style="list-style-type: none"> • "Who Really Cares? Investigating Health Care Responsibilities"- Jay Kaplan, MD • "Exploring the Impact of Personal Factors in the Context of System Level Change" – Arlene Chung, MD • "It Takes Commitment to be Well: Integrating Skills and Abilities" – Saadia Akhtar, MD
2:30 pm - 2:45 pm	Break
2:45 pm - 3:15 pm	Summary Reports from Afternoon Small Groups-Michele Byers,CAE,CMP
3:15 pm - 4:00 pm	Final discussion: "Pulling it All Together" -Michele Byers, CAE, CMP
4:00 pm - 5:00 pm	Closing Keynote Address: "Next Steps: Where Do We Go from Here?" Timothy Brigham, MDiv, PhD, <i>Accreditation Council for Graduate Medical Education</i>



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5:00 pm – 5:15 pm

Closing Remarks – Megan Ranney, MD, SAEM Board of Directors