



2019 Society for Academic Emergency Medicine Consensus Conference

**Wellness for the Future: Cultural and Systems-based Challenges and Solutions**

**Tuesday, May 14, 2019**

**The Mirage, Las Vegas: Mirage Events Center A**

Time	Session
8:00 am - 8:15 am	Introduction & Welcome - Megan Ranney, MD
8:15 am - 8:45 am	Wellbeing and Resilience: "Where are We? and "How did We Get Here?" Saadia Akhtar, MD, <i>Mount Sinai Beth Israel</i> <i>Icahn School of Medicine at Mount Sinai</i>
8:45 am - 9:00 am	Introduction of Morning Topics
9:00 am - 9:15 am	Break
9:15 am - 10:45 am	Morning Small Group Breakout Sessions: <ul style="list-style-type: none"> <li>• "Society, Behavior, and Expectations Ride Along with Emergency Medicine - Dissecting System Change for Wellness" – Rosanna Sikora, MD</li> <li>• "Reframing Wellness: It's Not a Personal Issue Anymore....Exploring Organizational Factors" – Rita Manfredi, MD</li> <li>• "Is going to work killing us? A focus on Learning and Practice Environments" – Carissa Tyo, MD</li> </ul>
10:45 am - 11:00 am	Break
11:00 am - 11:30 am	Summary Reports from Morning Small Groups
11:30 am - 11:45 am	Lunch Served
11:45 am - 12:30 pm	Lunch Panel Discussion "State of the Art Wellness" Andra Blomkalns, MD, <i>Stanford University School of Medicine</i> Bernard Chang, MD, PhD, <i>Columbia University Vagelos College of Physicians &amp; Surgeons</i> Jay Kaplan, MD, <i>LCMC Health</i> Sorabh Khandelwal, MD, <i>The Ohio State University</i>
12:30 pm - 12:45 pm	Introduction of Afternoon Topics
12:45 pm - 1:00 pm	Break
1:00 pm - 2:30 pm	Afternoon Small Group Breakout Sessions <ul style="list-style-type: none"> <li>• "Who Really cares? Investigating Health Care Responsibilities"- Jay Kaplan, MD</li> <li>• "Exploring the Impact of Personal Factors in the Context of System Level Change" – Arlene Chung, MD</li> <li>• "It takes commitment to be well: Integrating Skills and Abilities" – Saadia Akhtar, MD</li> </ul>
2:30 pm - 2:45 pm	Break
2:45 pm - 3:00 pm	Summary Reports from Afternoon Small Groups
3:00 pm - 4:00 pm	Final discussion: "Pulling it all Together"
4:00 pm - 5:00 pm	Closing Keynote Address: "Next Steps: Where Do We Go from Here?" Timothy Brigham, MDiv, PhD, <i>Accreditation Council for Graduate Medical Education</i>
5:00 pm – 5:15 pm	Closing Comments – Megan Ranney, MD